

About ARAS

The Aged Rights Advocacy Service (ARAS) is a free, confidential and statewide service, supporting older people since 1990.

Your privacy

ARAS values confidentiality and respects your right to privacy. If you believe we have breached your privacy you can lodge a complaint by writing to ARAS' Operations Manager and/or contacting the Office of the Australian Information Commissioner, Tel 1300 363 992.

Your feedback

ARAS is committed to continually improving the quality of its service. If you are unhappy with any aspect of our service, we encourage you to raise the issue with us.

In the first instance, your complaint will be handled by our Operations Manager. Alternatively, you can have it reviewed by external agencies such as OPAN (Older Persons Advocacy Network), Tel 1800 700 600 or the Health and Community Services Complaints Commissioner, Tel 1800 232 007.

Visit our website to read our Consumer Compliments, Comments and Complaints Policy and Privacy Policy.

aras



aged rights advocacy service inc.

Contact us

Office hours Mon-Fri, 9am to 5pm
175 Fullarton Road
Dulwich SA 5065

Victor Harbor
9/46-52 Ocean Street
Victor Harbor SA 5211
(access from Coral Street)
By appointment only

Nuriootpa
2/1 First Street
Nuriootpa SA 5355
By appointment only

Tel (08) 8232 5377
Toll Free 1800 700 600
Fax (08) 8232 1794

aras@agedrights.asn.au
www.sa.agedrights.asn.au

TTY 13 36 77
SSR 1300 555 727

Translating and Interpreting Service 13
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ARAS is funded by the Department of Health,
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for Ageing Well, SA Health and COTA Australia.

ARAS is the South Australian member of the
Commonwealth funded Older Persons Advocacy
Network (OPAN).

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Aboriginal Advocacy, Information and Education



Tel (08) 8232 5377

Toll Free 1800 700 600

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Who we assist

Older people or their representatives who are:

- living in residential aged care
- receiving Commonwealth Home Support Programme (CHSP) or Home Care Package (HCP) services
- at risk of, or experiencing abuse from family or friends
- living in a retirement village.

We can arrange a time to talk to you by phone or visit you at a location convenient to you. Alternatively, you can meet us by appointment at our office.

What we provide

- information about aged care: rights, entitlements and responsibilities
- assistance with registering and accessing home care support through the My Aged Care system
- strategies to help you protect yourself
- support to resolve your concerns or speak on your behalf
- promotion of the rights of older people
- information and education sessions.

You have the right to

- safe and high-quality care and services
- be treated with dignity and respect
- have your identity, culture and diversity valued and supported
- live without abuse or neglect
- be informed about your care services in a way you understand
- access all information about yourself, including information on rights, care and services
- have control over decisions you make about your care, personal and social life and choices involving personal risk
- have control over decisions about financial affairs and possessions
- your independence
- be listened to and understood
- have a person of your choice including an aged care advocate to support you
- complain free from reprisal
- have personal privacy and personal information protected
- exercise your rights without it affecting the way you are treated.